## LUMBER CITY FARM DAY

5K Race and One-Mile Fun Run Lumber City, GA -- Saturday, September 11, 2010

> Sponsored by: Lumber City Womans Club

Registration begins at 7:00 AM at Lumber City Methodist Church Annex One-Mile run begins at 7:45 AM 5K begins at 8:15 AM

> -Race Fee-\$15 Registration (Pre-registration guarantees shirt on day of race)

-Age Groups-12 and under / 13-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60 and over

Trophies will be awarded for the top Male and Female In 5K and One-Mile Fun Run Trophies also for the First and Second Place Male and Female Winners in each age group

## **Complimentary Breakfast after Race**

For more information call 912-363-4722 or e-mail lcfarmday@yahoo.com Please make checks payable to Lumber City Womans Club And mail to Gisele Houston, PO Box 615, Lumber City, GA 31549

|            |       | -cut her | ·e                     |     |       |                |   |
|------------|-------|----------|------------------------|-----|-------|----------------|---|
| Name       |       |          | Age                    |     | _Male | Female         | - |
| Address    |       |          | E-mail addre           | ess |       |                | _ |
| City       | State | Zip_     |                        |     |       |                |   |
| One Mile5K |       | Sh       | irt Size: Youth<br>Adu |     |       | h 10/12<br>LXL | _ |

I accept full responsibility for my participation in the One Mile Fun Run and/or the 5K Race and understand that the Lumber City Womans Club is dissolved of any and all liability in the event of an accident, or any type of personal physical problem that may occur during or after the event.

Number Assigned \_\_\_\_\_